

The background of the image is a soft-focus photograph of a landscape at dawn or dusk. A misty or foggy river flows through the scene, reflecting the warm, golden light of the low sun. The sky is a pale, hazy yellow. On the right side, the dark silhouettes of trees are visible against the lighter sky. The overall mood is peaceful and contemplative.

# Thankful People are Happy People

The best way to start every day  
is to remember, contemplate, and say:  
“I am greatly, by grace, blessed!  
And this, at first light, I must confess.”  
If honest, this is neither a stretch or strain  
(and by it everything I gain)  
for to be happy, this is the **ONLY** way.  
“Thankful”: This simple word – this straightforward thought  
satisfies in a way that cannot otherwise be bought.  
Consider, for a moment, just how profound;  
how easy and close at-hand happiness is to be found!  
“I am thankful for I am blessed!”  
This, at daybreak, **FIRST** thing I **MUST** remember and confess!